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Unlocking Human Potential™

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STRUCTURED AUTISM-SPECIFIC ICF PROGRAM

Presenter:
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Program Director

A CENTURY OF CARING

Autism

Intellectual/ Developmental Disabilities

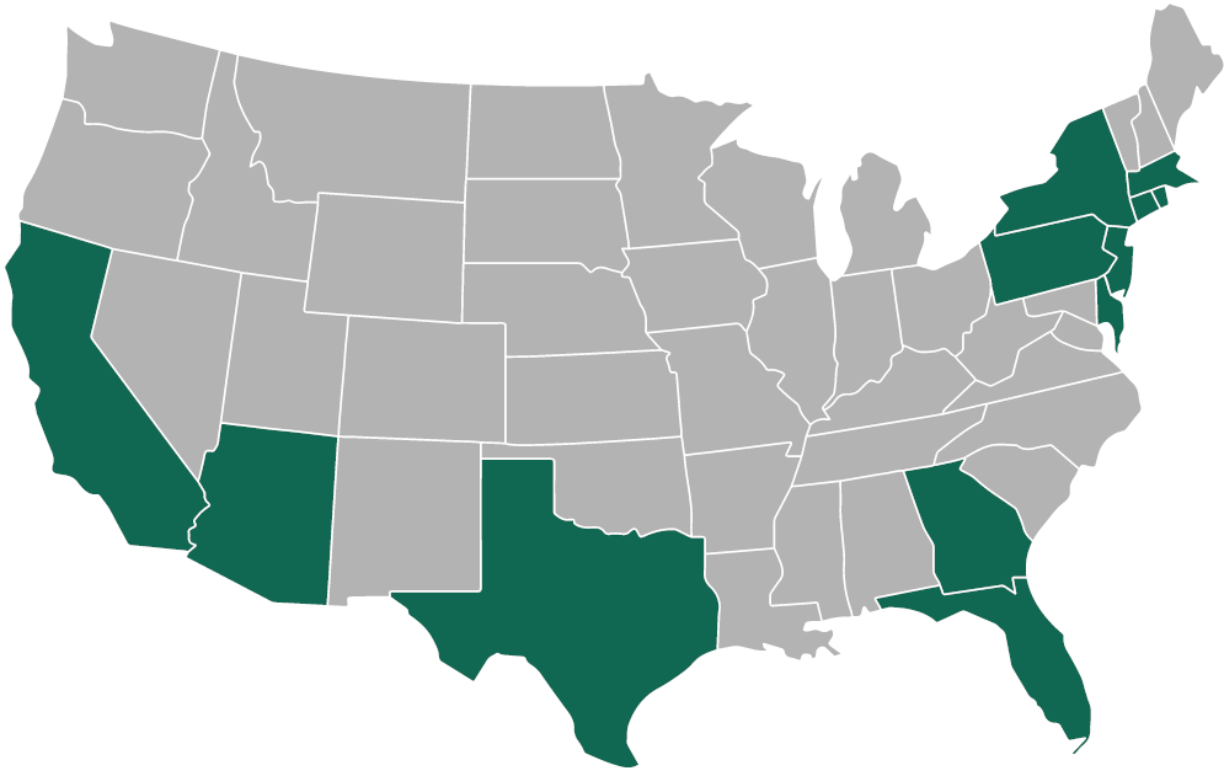
Specialty Mental Health

Education

Foster Care

~6,500
Care professionals and support staff providing advanced, compassionate care

National Headquarters
Villanova, Pa.



250+
Treatment locations and community living homes nationwide

12
States – Devereux's geographic footprint

FACILITY AND SPACE CONSIDERATIONS

An existing building on the Devereux Adult Services campus will be repurposed to create a therapeutic environment for the proposed program. The building will have a capacity for no more than eight individuals, each with their own bedroom, including an office and sensory room with egresses. The surrounding grounds of the building will be prepared to facilitate outdoor relaxation and individual or group activities.

The program will focus on ensuring the physical environment is conducive to the needs of individuals with autism, including considerations for safety, accessibility, and individual sensory and transition needs.

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INTENSIVE CLINICAL FRAMEWORK: KEY FEATURES

- Comprehensive clinical assessments at admission and as needed
- Functional behavior assessment
- Trauma assessment
- Functional communication assessment
- Community safety assessment
- Adaptive behavior assessment
- Quality of Life assessment
- High-risk assessment
- Nursing assessment
- Swimming assessment
- Vocational skills assessment
- Dietary assessment – Menus are developed and reviewed by a dietician employed by Devereux
- Psychiatric evaluation
- Evidence-based, individualized interventions
    - Positive behavior support plans developed from functional behavior assessments
    - Frequent review of progress data and rapid updating of behavior support plans to continue progress trajectory
    - Functional communication training as needed
    - Adapted cognitive-behavioral therapies (CBT) as needed

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CLINICAL AND MEDICAL EXPERTISE FOR THIS PROGRAM

- BCBA certified and/or Masters/Doctoral level therapists
- On-site consultation by senior clinical staff
- On-site physician, psychiatrist, nurses, dietician
- Consultation available from the National Director of IDD Services, Carol Anne McNellis, Psy.D., Licensed Psychologist and BCBA, and Devereux Chief Medical Officer and Chief Clinical Officer, Yolanda Graham, M.D., FABA, DFAACAP

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MEDICAL AND NURSING SERVICES

- Devereux-based, ASD-trained medical doctors and psychiatrists with 24-hour on-call availability
- An RN Monday-Friday (day shift) who manages medication, schedules all medical appointments, and attends all medical appointments on campus and in the community (or an LPN with RN additional oversight for all ICF DOH required tasks)
- On weekends and evenings, a medication-certified staff member would cover the responsibilities of medication administration
- The lead RN would be on call

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SERVICE DELIVERY MODEL

- Small clinical caseload with a primary dedicated clinician for this program
- Small ratio of individuals to direct care staff based on the needs of the individuals in the program (1:2 or 1:3)
- Direct care staff trained by the assigned BCBA on the behavior plan interventions, including Autism, ABA, and functional communication-specific training

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DEVEREUX-POSITIVE BEHAVIOR INTERVENTIONS AND SUPPORTS (PBIS) EVIDENCE-BASED ENVIRONMENTAL MODEL

- The Devereux-PBIS model is trauma-informed and supports prevention and teaching interventions
- All employees are trained in Devereux-PBIS Essential Skills
- Devereux-PBIS implementation fidelity is supported by PBIS Coaches who conduct multiple observations of direct care staff performing D-PBIS skills. The coaches then provide performance feedback to the direct care staff
- Adult Services residential program and vocational day programs have achieved full fidelity implementation of Tier 1 D-PBIS practices

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GENERALIZATION OF SKILLS

- Assigned BCBA supports the individual in applying newly mastered skills in other environments such as day programs and community settings as individual needs allow
- Assigned BCBA supports the individual to step down to a less intensive day and/or residential setting, including community HCBS funded homes and day programs when appropriate
- Clinical staff share assessment and treatment information and obtain recommendations from psychiatrists, physicians, and other medical professionals
- Ability to collaborate within the Devereux continuum of services, including community HCBS funded homes and day programs

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EXPECTED OUTCOMES

- Reduction in challenging behaviors and psychiatric symptoms
- Development of emotional regulation, functional communication, social, and community integration skills
- Increases in daily living skills competencies, choice-making proficiency, and problem-solving abilities
- Improvements in general health and wellness
- Transition to vocational/employment programs as per individual choice and ability and potential step down to a community based setting based on individual choices
- Evidence based research has shown that this type of interdisciplinary model with services for adults age 18 and older lead to a more meaningful transition into adulthood

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QUESTIONS?






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