

Office of Mental Health and Substance Abuse Services:

Overview of the Bureau of Children's Behavioral Health Services

Agenda



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DEPARTMENT OF HUMAN SERVICES

- Overview of the Children's Bureau
- Staffing Complement/Staff Roles
- Intensive Behavioral Health Services
- Other Services
- Other Initiatives
- Technical Assistance
- Questions

Current Mission and Vision:

“To promote the emotional well being of children and ensure that children with emotional and behavioral challenges disorders live, learn, work and thrive in their communities. The bureau supports the objective of the Office of Mental Health and Substance Abuse Services that is specifically related to the behavioral health needs of children and adolescents: to transform the children’s behavioral health system to a system that is family driven and youth guided.”

Staffing Complement and Roles



OMHSAS Bureau of Children's Behavioral Health Services	
Scott Talley	Director
Operations & Service Delivery Division	
Shaye Erhard	Division Director, PRTF's; Cross System Initiatives; Juvenile Justice; EBP's; Community Services; Continuity of Care; Grants
Doris Arena	Transition Age Youth and Young Adults; Planning Council; CMHBG; County Plans; Olmstead Plans; PDE Career Readiness; EEC
Judy Dogin	Consulting Psychiatrist; PRTF's; School Based Services, Complex Case Review
Dwaneen Hicks	PRTF's; Cross System Initiatives; Juvenile Justice, School Based Services, TA/Training
Gordon Hodas, MD	Consulting Child Psychiatrist; FASD; PRTF's; Family Based; High Fidelity Wraparound
Ann Litzelman	Consulting Child Psychologist; School Based Services; Service Description Review; EBP's
Perri Rosen	GLS Youth Suicide Prev Grant Project Director; Bullying Prevention; SAP; Consulting School Psychologist
Caren Rosser-Morris	Consulting Child Psychologist; PRTF's; Trauma; Service Description Review
Vacant	PCIT; FFT; MST; Family Based; High Fidelity Wraparound; Conference planning
Michele Walsh	Consulting Clinical Social Worker; Early Childhood; Service Description Review
Planning, Policy & Program Development Division	
Courtney Malecki	Division Director; IBHS Regulations; Staff Supervision
Crystal Doyle	PRTF's; Complex Case Reviews; SWAN; OCYF; CASSP; System of Care Youth & Family Engagement
Kim Rog	Service Description Coordinator; Waivers; SSRC Representative
Amy Kabiru	Consulting Licensed Social Worker; ABA; Service Description Review; Early Childhood MH

Intensive Behavioral Health Services (IBHS)

Intensive Behavioral Health Services (IBHS) Regulations

- Final form regulations were passed by the IRRC on August 15, 2019 with a vote of 5-0
 - The regulations moved to the Office of Attorney General for form and legality review on August 16, 2019
 - The regulations have been approved and are with the Legislative Review Board awaiting publication.
- Next steps
 - Regulations will be published in mid-October and have an effective date in January
 - Resource documents including a FAQ document are available on the website <http://www.healthchoices.pa.gov/providers/about/behavioral/inbehavioralhs/index.htm>
 - The FAQ document will be updated as new questions are brought to our attention.



- Regional Forums
 - Pittsburgh Region-October 10 (Greensburg) and October 11 (Grove City)
 - Central Region-October 16 (Harrisburg)
 - Southeast Region-October 21- (Norristown) 2 sessions scheduled 10-1pm & 2-5pm
 - Northeast Region-October 22 (Wilkes-Barre) and November 14 (Allentown)
- Statewide webinar
 - November 20, 2019 1-4pm
- If there are questions you believe will be helpful in developing the upcoming trainings and FAQ please submit them to RA-PWIBHS@pa.gov



- **IBHS Service Array**

- Individual Services

- Intensive therapeutic interventions and supports that are used to reduce and manage identified therapeutic needs, increase coping strategies and support skill development to promote positive behaviors with the goal of stabilizing, maintaining or maximizing functioning of a child, youth or young adult in the home, school or other community setting.

- Applied Behavioral Analysis (ABA) Services

- ABA is the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, to produce socially significant improvement in human behavior or to prevent loss of attained skill or function, including the use of direct observation, measurement and functional analysis of the relations between the environment and behavior.

- Group Services

- Group services are therapeutic interventions provided primarily in a group format through clinical interventions including psychotherapy and ABA services, structured activities and community integration activities that address a child's, youth's or young adult's identified treatment needs.
- May be provided in a school, community setting or community like setting.

- Evidence-based Therapy (EBT)

- Can be delivered through individual services, ABA services or group services

- HFW is an intensive, individualized care planning and management process.
- HFW is appropriate for youth (0-21) and their families with complex behavior health care needs and multi-system involvement.
- HFW is based on the widely-accepted theory of Change, 10 principles and 4 phases.
- HFW in PA is delivered as a team approach (coach, facilitator, family and youth support partners).
- HFW has almost 20 years of research behind it and is widely recognized as practice-based evidence program.

- A strength-based, team delivered mental health service comprised of co-therapists (mental health professional/mental health worker or mental health professional/mental health professional) who provide intensive in-home therapy, case management and crisis intervention services to families with a child who has a mental illness or emotional problems
- Enables parents to care for their children who are seriously mentally ill or emotionally disturbed at home and reduces the need for out-of-home treatment

- Covered medical and psychiatric services at an approved or licensed outpatient psychiatric clinic or partial hospitalization facility, which is not providing him with room and board and professional services 24 hours a day.

- A nonresidential treatment modality which includes psychiatric, psychological, social and vocational elements under medical supervision. It is designed for patients with moderate to severe mental or emotional disorders. Partial hospitalization patients require less than 24-hour care, but more intensive and comprehensive services than are offered in outpatient treatment programs. Partial hospitalization is provided on a planned and regularly scheduled basis for a minimum of 3 hours, but less than 24 hours in any 1 day.

- While many other services for individuals below the age of 18 focus on changing behaviors, this service is designed to promote empowerment, self-determination, understanding, coping skills, and resiliency through mentoring and service coordination supports that allow individuals with serious mental illness or serious emotional disturbance and co-occurring disorders to achieve personal wellness and cope with the stressors and barriers encountered when recovering from their disabilities.
- Funded through Healthy Transitions Grant, a curriculum was developed for those desiring to work as peers with this population (this is a specialty curriculum above the standard 10 day/80 hours to become certified as a CPS).



- Any non-hospital facility with a provider agreement with a State Medicaid Agency to provide services to Medicaid-eligible individuals under the age of 21.
- OMHSAS is in the process of developing regulations for RTFs.

- Current project: Ensuring Trauma Informed Care
 - Other States/current in-state
 - Residential/Licensed 3800 Programs
 - Organizational- Example: Sanctuary
 - Clinical- Example: Trauma Informed-CBT

Governor's Suicide Prevention Task Force



- In May, the Wolf Administration announced the formation of a statewide suicide prevention task force, made up of representatives from various state agencies, including OMHSAS, members of the General Assembly, and Prevent Suicide PA.
- The task force will develop Pennsylvania's statewide suicide prevention plan, which is a four-year strategy to reduce suicide in Pennsylvania and fight stigma associated with suicide, suicide attempts, and mental health services.
- Historically, OMHSAS has worked with stakeholders to develop separate suicide prevention plans related to youth, adults, and older adults. These plans have set the stage for prevention efforts in Pennsylvania.
- By bringing together leaders from a variety of state agencies – human services, health, the state police, corrections, aging, education, commission on crime and delinquency, military and veterans affairs, PennDOT, elected officials, and Prevent Suicide PA – we will learn about how suicide impacts the lives of Pennsylvanians across the board and develop prevention efforts that reflect the diverse needs of individuals and families across the state.
- The task force will be holding public listening sessions across the state to hear from the multitude of individuals and families that are impacted by suicide every year.

Upcoming SPTF Listening Sessions



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- **Thursday, Oct. 24; 5:30-7:30 p.m. — Northeast PA**
Lackawanna College, 501 Vine Street, Scranton, PA 18509
- **Friday, Oct. 25; 10 a.m.-noon — Northeast PA**
Cedar Crest College, Alumnae Hall Auditorium, 100 College Dr. Allentown, PA 18104
- **Thursday, Nov. 7; 5:30-7:30 p.m. — Southwest PA**
Jewish Healthcare Foundation, 650 Smithfield Street #2400, Pittsburgh, PA 15222
- **Friday, Nov. 8; 10 a.m.-noon — Southwest PA**
Slippery Rock University, 102 Robert M. Smith Student Center, 1 Morrow Way, Slippery Rock, PA 16057
- **Friday, Nov. 15; 10:30 a.m.-12:30 p.m. — Southeast PA**
Radnor Township Building, 301 Iven Ave. Radnor, PA 19087
- **Wednesday, Nov. 20; 10 a.m.-noon — Central PA**
State College Municipal Building, 243 South Allen St. State College, PA 16801

Federal Youth Suicide Prevention Grant



- OMHSAS has been awarded a fourth round of Garrett Lee Smith (GLS) youth suicide prevention grant funding by the federal Substance Abuse and Mental Health Services Administration (SAMHSA).
- The grant totals \$3.68 million over five years.
- The grant will focus on the following four goals:
 - Promote early identification and referral of youth at risk of suicide in schools, colleges, and primary care settings.
 - Increase capacity among behavioral health providers to screen, assess, manage, and treat youth at risk of suicide.
 - Promote a targeted approach to expand partnerships to support care transitions, reentry, and follow-up for youth admitted and discharged from hospitals and treatment centers.
 - Develop a comprehensive and sustainable statewide model for continuity of care based on lessons learned from targeted county-level efforts.



- Data Profiles
- Clinical best practice research
- Complex Cases
- Youth Mental Health First Aid (YMHFA)
- Suicide Prevention Gatekeeper Training (QPR)
- Coach Approach Training



QUESTIONS?