
QUALITY ASSESSMENT AND IMPROVEMENT: COMPREHENSIVE REPORT

Pennsylvania Office of Developmental Programs

Developmental Fitness Company LLC

November 22, 2017

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Introduction

The Quality Assessment & Improvement (QA&I) Process is a way for ODP to evaluate our current system and identify ways to improve it for all individuals. Focus areas of the QA&I process include staff training, communication (including deaf services), policies and procedures, employment, incident management, and quality management. The purpose of this report is to detail the results of the QA&I process. This report is provided as a means of describing the areas in which they have excelled, and document any areas of non-compliance that will require remediation.

QA&I Summary

Developmental Fitness Company completed the self-assessment on August 30, 2017 and sent it to the AE on September 5, 2017. The onsite review took place on October 17, 2017. The AE staff Meagan Smolsky, Amber Wallace, and Lauren Foell met with Sean Hanley of Developmental Fitness Company. Mr. Hanley was very organized during the onsite review. The AE reviewed records for 5 individuals as well as all relevant policies and procedures. Findings were discussed at the end of the onsite interview. Highlights from the entrance and exits discussions include:

- Strengths of review
- Findings of noncompliance
- QA&I Satisfaction survey – <http://qaic1y1feedback.questionpro.com>

One staff and one individual (MCI #160123461) were interviewed on November 21 at the individual's home by AE staff Meagan Smolsky.

Data Analysis and Performance Evaluation

Developmental Fitness Company has strong policies and procedures in place. All records reviewed were found to be in compliance and staff have completed all of the necessary trainings. Developmental Fitness Company does not currently serve individuals who are deaf or hard of hearing. However, an administrative staff has completed ODP's webinar to ensure best practices and preparedness in the event they begin serving a deaf or hard of hearing individual. Developmental Fitness Company does not provide employment supports. Developmental Fitness Company has a strong Quality Management Plan in place and completes the necessary quarterly reports and analysis utilizing the ODP format. There is also evidence that the Quality Management Plan is updated at least every two years. No incidents occurred over the last year. Developmental Fitness Company annual training plan meets compliance

expectations and includes several additional trainings, such as positive practices, cultural awareness, individual rights and choice, and continuing education about health and fitness. The provider self-assessment answers matched the AE answers, with the exception of the one question the AE found out of compliance:

21. The Provider participates in the development of the ISP.

The AE discussed the need to communicate with supports coordinators regarding scheduling of ISP meetings. Because two out of five individuals were not in compliance, the AE recommends Developmental Fitness Company update the Quality Management Plan to include attending all ISP meetings.

During the interview, the individual expressed that enjoys working with his staff. The staff comes prepared with a schedule and the individual is encouraged to make choices during their session. The staff has been working with the individual for two years and knows him well. The individual's mother expressed that she is very pleased with staff from Developmental Fitness Company, as well as the progress her son has made. She stated that the individual is always happy to work with his staff and looks forward to their time spent together.

Appendices

See CAP attached in email

See MCI Review attached in email